



Wake up Your Wardrobe Workshop Thursday 23rd February 2023 Venue: Ballyclare Townhall 10:00am - 1:00pm

<u>Please note: This is a workshop for those in the Northern Trust area. Please do not</u> <u>register for this workshop if you live outside of the Northern Trust.</u>

This is an <u>IN PERSON</u> hand sewing workshop. Join a three hour friendly and fun curated workshop and learn how to use some simple tips to add a little va-va-voom to everyday items of clothing that you might have in your wardrobe.

All materials are supplied, including embroidery hoops, you just need to bring a pair of scissors.

You will learn about the wartime campaign Make do & Mend and see how it has a huge relevance today. You can bring an item with you and support will be provided to decide how you can add your own touch to it at home and in the session.

You will learn the following:

- How to cover buttons in lovely contemporary fabric
- Decorate a beret supplied using felt, ribbon and buttons
- Learn how to add a decorative stitch to a jumper
- Turn a simple repair into a creative patch by learning three basic decorative stitches

You will take home items from the workshop to help you on your creative journey.

For any further queries please contact the health and wellbeing team on: <u>healthandwellbeing.trainingbookings@northerntrust.hscni.net</u>

Please register using the link below:

https://www.eventbrite.co.uk/e/wake-up-your-wardrobe-tickets-543063486507



Composite image created by Ciaran Elizabeth Doran